

SPRING 2026 WORKSHOP CALENDAR

WORKSHOP	DATE	TIME	LOCATION/ZOOM ID
STARTING AN ESSAY OR PAPER	JAN 21	3-4 PM	WJB G064
HOW TO GET CONTROL OF YOUR TIME	JAN 22	3-4 PM	949 4879 8243
BUILDING MOTIVATION THAT LASTS	JAN 26	3-4 PM	WJB G064
COMMUNICATING WITH CONFIDENCE	JAN 27	10-11 AM	940 2784 4409
CONFRONTING YOUR PROCRASTINATION	JAN 29	1-2 PM	WJB G064
DEVELOP A GROWTH MINDSET	JAN 30	12-1 PM	958 6629 4168
CRITICAL READING AT THE COLLEGE LEVEL	FEB 2	11 AM-12 PM	WJB G064
GOAL SETTING	FEB 3	1-2 PM	WJB G064
MAKING NOTES, NOT TAKING THEM	FEB 4	2-3 PM	971 6318 4405
GET READY FOR THE LSAT	FEB 4	4-5 PM	WJB G040
STRUCTURE A PAPER OR ESSAY	FEB 5	3-4 PM	WJB G064
UTILIZING AI IN THE STUDIES	FEB 5	4-5 PM	910 3006 3855
STRATEGIES FOR TEST PREP	FEB 10	1-2 PM	WJB G064
GET READY FOR THE GRE	FEB 11	4-5 PM	WJB G040
THE ENGINEERING JOURNEY	FEB 12	7-8 PM	976 3473 2450
BUILDING ACADEMIC RESILIENCE	FEB 13	12-1 PM	993 0264 3064
ACTIVE STUDYING & IDENTIFYING WEAKNESSES	FEB 15	4-5 PM	951 0030 8671

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WORKSHOP	DATE	TIME	LOCATION/ZOOM ID
THE STEM JOURNEY	FEB 16	4-5 PM	975 8597 2624
UTILIZING AI IN THE STUDIES	FEB 17	4:30 PM - 5:30 PM	WJB G064
STRATEGIES FOR TEST PREPARATION	FEB 18	7-8 PM	957 4244 5315
REMEMBER AND RETAIN WHAT YOU STUDY	FEB 19	2:30 PM-3:30 PM	WJB G064
FEEDBACK ON ASSIGNMENTS	FEB 23	3-4 PM	WJB G064
DESIGNING YOUR FUTURE	FEB 24	10-11 AM	910 2709 1793
TOOLS TO DESTRESS	FEB 25	1:30 PM-2:30 PM	WJB G064
CONQUERING YOUR STRESS	FEB 26	3-4 PM	914 5627 0328
VISUAL LEARNING	FEB 27	2-3 PM	949 9732 8572
PATHWAYS TO PROFESSION	MAR 3	5-6 PM	983 2651 4348
EXPLORING MINDFULNESS	MAR 4	1:20 PM-2:20 PM	WJB G064
GAINING AN INTERNSHIP OR SUCCEEDING IN STEM	MAR 5	3-4 PM	WJB G064
MAKING NOTES, NOT TAKING THEM	MAR 5	4-5 PM	WJB G064
CONFRONTING YOUR PROCRASTINATION	MAR 9	1-2 PM	WJB G064
UTILIZING AI IN THE STUDIES	MAR 10	4:30 PM - 5:30 PM	910 3006 3855
GET READY FOR THE LSAT	MAR 11	4-5 PM	WJB G040
CALCULATING MY FSU GPA	MAR 24	1-2 PM	WJB G064
ADDRESSING SYMPTOMS OF BURNOUT	MAR 26	3-4 PM	WJB G064

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WHAT TO EXPECT IN GRADUATE SCHOOL	MAR 30	3-4 PM	WJB G064
REMEMBER AND RETAIN WHAT YOU STUDY	MAR 31	2:30 PM-3:30 PM	WJB G064
SYSTEMS THINKING FOR BIG GOALS	APR 2	7-8 PM	927 0722 6043
DEALING WITH BURNOUT & MOTIVATION THROUGH FINALS	APR 3	12-1 PM	963 7824 0528
PATHWAYS TO PROFESSION	APR 7	5-6 PM	983 2651 4348
CONFRONTING YOUR PROCRASTINATION	APR 9	1-2 PM	WJB G064
STRATEGIES FOR TEST PREPARATION	APR 10	11 AM-12 PM	WJB G064
RX FOR SUCCESS	APR 13	4-5 PM	992 2158 5391
STRATEGIES FOR TEST PREPARATION	APR 14	1-2 PM	WJB G064

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