**5 Day Study Plan**

**Instructions:**

1. Type in the name and course number for the exam along with the test date and time.
2. **Test Topics:** Divide your exam material into three equal portions. Arrange the portions based on the level of difficulty and how much study and review time you will need. Spell out each topic.
3. **Day 1** will be your preparation day and consist of three parts:
	1. Identification of resources and methods you will use for study and review of your exam materials (e.g., individual study, study groups, study spaces, office hours, ACE tutoring, etc.).
	2. Collection and organization of exam materials needed for study and review (e.g., notes, study guides, exam reviews, tutorials, handouts, PowerPoints, online resources, etc.).
	3. Creation of any graphic organizers and learning strategies that you plan to use for study and review (e.g., concept maps, outlines, diagrams, charts, student-generated test questions, etc.).
4. **Day 2** will begin with a review of the most difficult material. Refer back to the test topics on the first page. Copy the topics that you have written indicating the most difficult material into the section labeled “Study Topics.” In the adjacent section asking you to explain how you will study these topics, carefully write out how you plan to study each of the topics using active learning strategies, graphic organizers, and any other methods. Remember to estimate the amount of time you believe you will need in the “Estimated Time” section.
5. **Day 3** You are required to self-test on the previous topics to insure learning mastery. Self-testing helps to practice retrieving knowledge and aids in long-term retention. Explain how you plan to self-test on the material studied on **Day 2**. Below this section, you will follow the same process for your study of the moderately difficult material. Refer back to the test topics on the first page. Copy the topics that you have written indicating the moderately difficult material into the section labeled “Study Topics.” In the adjacent section asking you to explain how you will study these topics, carefully write out how you plan to study each of the topics using active learning strategies, graphic organizers, and any other methods. Remember to estimate the amount of time you believe you will need in the “Estimated Time” section.
6. **Day 4** You are required to self-test on the previous topics to insure learning mastery. Self-testing helps to practice retrieving knowledge and aids in long-term retention. Explain how you plan to self-test on the material studied on **Days 2 and 3**. Below this section, you will follow the same process for your study of the least difficult material. Refer back to the test topics on the first page. Copy the topics that you have written indicating the least difficult material into the section labeled “Study Topics.” In the adjacent section asking you to explain how you will study these topics, carefully write out how you plan to study each of the topics using active learning strategies, graphic organizers, and any other methods. Remember to estimate the amount of time you believe you will need in the “Estimated Time” section.
7. **Day 5** is reserved for one final review day. Do not introduce any new topics on this day. You will explain your final review strategies for **Days 2, 3, and 4**, including self-testing and visits to tutors, faculty, TA’s, the library, etc. Your review strategies must align with the material that you have studied for your exam. The final review day is an opportunity to confirm your knowledge and confidence going into the exam.

The chart below contains some of the ways in which you can prepare, study and review. However, you must specifically explain how you will use the strategies for the material in your exam.

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| **Preparation Strategies** | **Study and Review strategies** |
| Create one or more:* Charts
* Diagrams
* Timelines
* Concept maps
* Word definition map
 | * Hierarchies
* Reading Grids
* Matrices
* Storyboards
* Or others…
 | Recreate learning strategy artifacts without looking at the originalsExplain the information to a partner or study group |
| Prepare your notes: * Organize notes by topic or chapter
* Take notes from the text
* Create study guides from your notes

Read your notes carefully. Look for gaps and incomplete information. Fill it in. | Work with your notes * Re-write notes without looking
* Reduce notes to the very most important points
* Quiz yourself using your study guide
* Have someone quiz you using your study guide
* Use the Read, Cover, Recite, Check strategy
 |
| Anticipate test questions* Write questions in the margins of your notes or text next to where the answers are found in the notes or text
* Create a test that includes the kind of questions that will be on the exam (i.e., true/false, definitions, multiple choice) (don’t use the questions in your text)
 | Practice your test* Cover the text, and see if you can answer the questions in the margins
* Take your test. Pay particular attention to writing out answers to essay questions
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| Select practice math problems from your text or online. Print them out, leaving space to do the problems | Solve the problems without looking at your text or notes |
| Prepare material for a tutoring session or study group* Mark parts of text or your notes that you do not understand
* Find math problems that you are having difficulty solving
* List topics or concepts that you need to learn
 | Participate actively in the tutoring or study group session* Take new notes that clearly explain difficult material in your own words
* Explain in your own words how you do each step of solving math problems.
* Verbally “teach” the material to your tutor or study buddies
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**Student name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Section:\_\_\_\_\_\_\_**

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| **Exam Course Number and Name: Test Date/Time:**  |
| **Test Topics***(Begin with the most difficult information on Day 2)* |
| **Topics to be studied/reviewed on Day 2 (most difficult):**  |
| **Topics to be studied/reviewed on Day 3 (moderately difficult):**  |
| **Topics to be studied/reviewed on Day 4 (least difficult):** |
| **DAY 1** | **Day/Date:** |
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| **Part A:****Identification** |  |
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| **Part B: Collect and Organize**  |  |
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| **Part C:****Create** | ***All learning strategies and graphic organizers described here must be included in days 2, 3, & 4 below*** |
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| **DAY 2** | **Day/Date:** |
|  | *Study Topics* | *Explain how you will study these topics using the graphic organizers and active learning strategies described in Part III-Create* | *Estimated Time* |
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| **DAY 3** | **Day/Date:** |
|  | *Day 2 Review* | *Describe how you will self-test on topics from Day 2* | *Estimated Time* |
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|  | *Study Topics* | *Explain how you will study these topics using the graphic organizers and learning strategies described in Part III-Create* | *Estimated Time* |
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| **DAY 4** | **Day/Date:** |
|  | *Days 2 and 3 Review* | *Describe how you will self-test on topics from Days 2 & 3* | *Estimated Time* |
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|  | *Study Topics* | *Explain how you will study these topics using the graphic organizers and learning strategies described in Part III-Create* | *Estimated Time* |
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| **DAY 5** | **Day/Date:** |  |
|  | *Explain each of your final review strategies on all of the topics included on days 2, 3, and 4. (e.g., self-test, individual/group reviews, tutoring, office hours with faculty, assistance from TA’s, etc.)* | *Estimated Time* |
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